

# GREENBANK SURGERY

By the Partners.... for the Patients 6/1/2015

Edition 22

## Evening & Weekend Appointments

Additional routine non urgent GP appointments are now available at Bath Street Health & Wellbeing Centre are now available between 6pm-8pm weekdays and 8am-8pm at weekends.

If you are unable to book an appointment or one at a time convenient to you please ask the receptionist about these additional appointments at Bath Street.

For all urgent problems we offer the 8-10am daily drop in (except Thursdays) and telephone triage advice throughout the week.

## Named GP for every patient

We are in the process of allocating every patient to a named GP – this is a contractually requirement. You do not need to do anything as this is done automatically. You can still see any of the GPs at the surgery regardless of who you are registered to.

*On Thursday 25<sup>th</sup> June the surgery closes for training at 1pm - please contact the out of hours service on 111*

## Wart Clinic

Our Nurse Practitioner is training in the use of Cryotherapy and she will be running a monthly wart freezing clinic.

If you have hand warts or verrucae that are not responding to regular application of topical treatments and filing/pumicing of the skin book in at reception

## HCA

Why not book in with our HCA for a blood pressure, pulse and weight check

## Prostate Awareness

The prostate is a gland that lies beneath the bladder and is usually the size of a chestnut.

As men get older it increases in size and can cause the following symptoms:

- Reduced urine flow
- Dribbling afterwards
- Having to rush to the toilet frequently or urgently
- Difficulty starting urination
- Getting up frequently at night to urinate
- A stream that starts and stops.

In the vast majority of people these symptoms will be a sign of benign prostatic hypertrophy (BPH) but a blood test (PSA) and examination of the prostate can help to exclude prostate cancer.

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